

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<i>1 Help your neighbor</i>	<i>2 Smile at someone new</i>	<i>3 Clean a room at home</i>
<i>4 Clean out your parents' car</i>	<i>5 Be patient</i>	<i>6 Read to a small child</i>	<i>7 Forgive someone</i>	<i>8 Have good manners</i>	<i>9 Smile all day</i>	<i>10 Make new friends</i>
<i>11 Teach a skill to someone</i>	<i>12 Offer a hug</i>	<i>13 Share a smile</i>	<i>14 Listen with your heart</i>	<i>15 Help someone in need</i>	<i>16 Water a houseplant</i>	<i>17 Donate to charity</i>
<i>18 Help carry a load</i>	<i>19 Help the staff at school</i>	<i>20 Play with a pet</i>	<i>21 Call someone just to say "Hi"</i>	<i>22 Help unload groceries</i>	<i>23 Write to a relative</i>	<i>24 Help in the kitchen</i>
<i>25 Open a door for someone</i>	<i>26 Write a letter to a soldier</i>	<i>27 Buy a snack for someone</i>	<i>28 Light up someone's day</i>	<i>29 Start a summer kindness project</i>	<i>30 Give something unexpected</i>	<i>31 Help an elderly person</i>